



**SCHOOL
MENTAL
HEALTH**



INITIATIVE

North Carolina School Mental Health Initiative (NCSMHI)

Fall, 2017, Updates

Today's Topics

- Background of NC School Mental Health Initiative (NC SMHI)
- State Board of Education Policy – SHLT-003
- Relevant legislation
- Plans to support implementation of SHLT-003



NC SMHI Mission

It is the mission of this partnership to provide implementation and monitoring support to ensure that public school students in North Carolina have equitable access to a full continuum of high-quality and well-coordinated socio-emotional/behavioral health services.



[NC School Mental Health Initiative Recommendations, Fall 2016](#)

Family-School-Community Partnership:

Multi-disciplinary, diverse group:

- Parents
- Public school representatives (LEA and SEA)
- State agency officials (DHHS, DPS, DPI)
- Community-based mental health providers
- Attorneys and advocates
- Third-party payors
- University faculty
- Professional associations
- Other interagency collaboratives



Integrating Services in Schools

- Access to *school-based* mental health services is linked to:
 - Improved academic outcomes
 - Enhanced physical and psychological safety



Michael, et al., 2013; Ballard, Sander, & Kilmes-Dougan, 2014

NC SMHI Recommendations



What:

Create a
Continuum of
Supports and
Services



How:

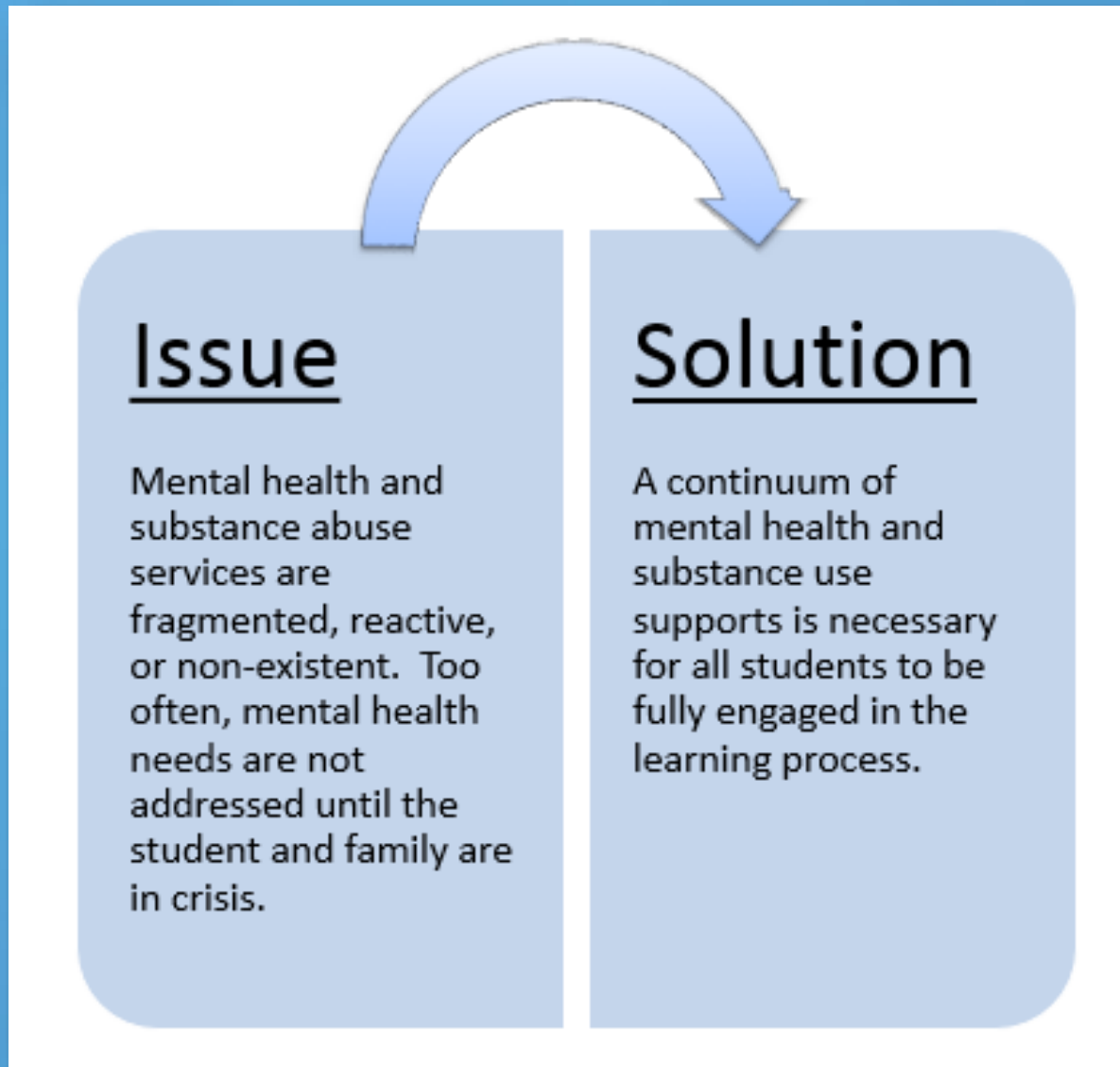
Make it
Sustainable



Who:

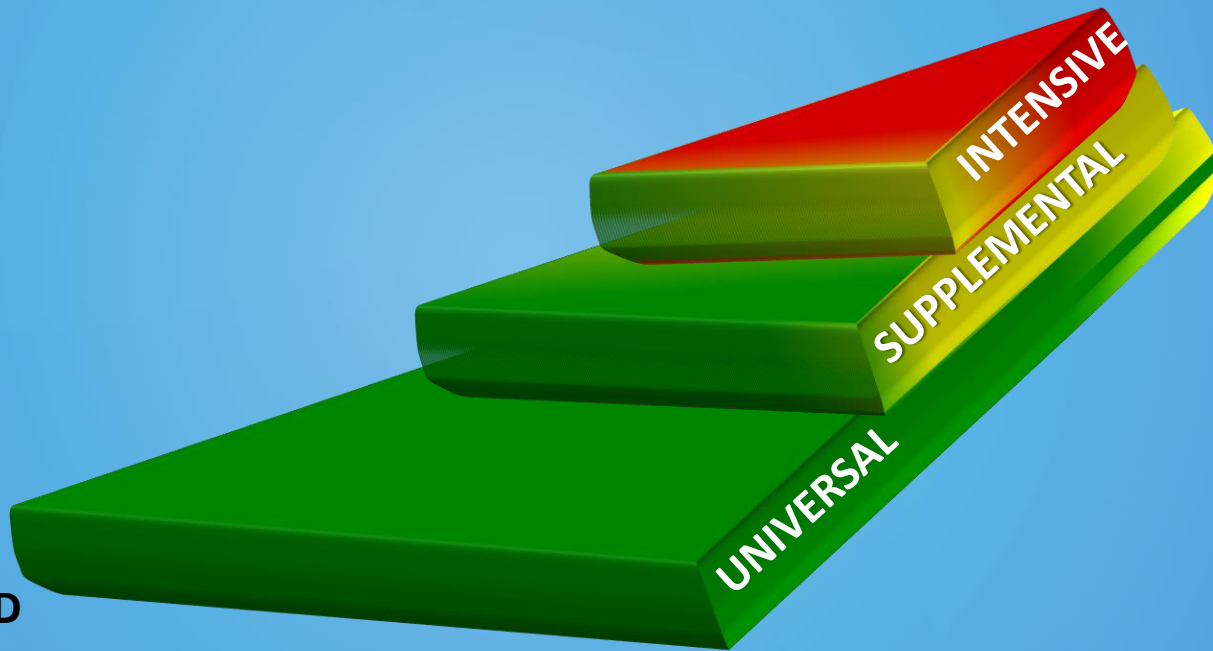
Engage
Stakeholders

Create a Continuum



COMMUNITY-BASED

Layering of Integrated Support



SCHOOL-BASED



NC Department of Public Instruction

Make It Sustainable



Issue

Students face unnecessary barriers to accessing supports funded by private and public insurance in the school setting. Schools need additional qualified providers to adequately support students to create successful learners.

Solution

Students and families needs benefits that are accessible across various settings and regardless of county of residence or ability to pay.

Engage Stakeholders



Issue

Families, students, schools, and community providers are disconnected. Limited communication across stakeholders results in inadequate and/or duplicated mental health and substance use services.

Solution

Engage all stakeholders to create and sustain collaborative, coordinated mental health and substance use supports and services for students.

SBE Policy – SHLT-003

Item	Description
Policy Title	School-Based Mental Health Initiative
Policy Category	Student Health Issues (SHLT)
Policy ID	SHLT-003
Policy Date	2017-04-07



SBE Policy - SHLT-003

- *Purpose:* improve the effectiveness of supports for NC public school students' mental health and substance use needs
- *Requirements:*
 - a plan for every NC public school system and charter school to develop/improve a full range of mental health and substance use services, including: (i) universal prevention; (ii) early intervention services; and (iii) referral, treatment, and re-entry support
 - coordination of mental health and substance use services between schools, families, and community providers
 - mental health and substance use training for school staff
 - NC Department of Public instruction (NCDPI) support to schools for statewide training, guidance, technical assistance, and materials



Recent Legislation

- SL-2017-157:
 - PART IV. SUPERINTENDENT STUDY STUDENT HEALTH ISSUES SECTION 4.(a)
 - PART V. STATE BOARD OF EDUCATION INTERAGENCY ADVISORY COMMITTEE AND SCHOOL-BASED MENTAL HEALTH INITIATIVE DELAY IMPLEMENTATION SECTION 5.(a)



Cross-State School Mental Health Collaborative

- NC 1 of 9 states selected to join *National Coalition for the State Advancement of School Mental Health* (NCSA-SMH)
- NC LEAs invited to complete School Health Assessment and Performance Evaluation (SHAPE) System, www.theshapesystem.com
- Join, register, and complete:
 - School Mental Health Profile, and
 - School Mental Health Quality Assessment



NC Investment in NCSA-SMH

- **PHASE I** - At least one LEA or charter school in each of NC's [eight regional education districts](#) complete NSMH Census and Quality Measure by October 1, for a total of eight SHAPE Silver Star status LEAs/charter schools
- **PHASE II:**
 - 20% of traditional LEAs (23), complete census and quality measure by July 1, 2018
 - 20% of charter schools (33) complete census and quality measure by July 1, 2019



How Does SHAPE Enhance and Align with MTSS Implementation?

- Helps identify what services exist for specific problem areas across a multi-tiered system of support (MTSS)
- Adds value and specificity to current MTSS behavioral resources
- Provides diagnostic tool for school mental health “health”
- Locates where to begin or improve universal screening practices



Next Steps

- **August, 2017** - Identify 8 pilot LEAs/charter schools to complete 2 SHAPE components and begin accessing resources
- **October, 2017** – Pilots complete SHAPE components
- **Winter, 2018** – begin statewide SHAPE enrollment; develop resources for 2018 LEA planning
- **Spring, 2018** – report on pilot LEA findings
- **Summer, 2018** – launch resources for LEA planning
- **SY 2018-19** – traditional LEAs develop plan
- **SY 2019-20** – charters develop plan



Technical Assistance

- In NC:
 - lauren_holahan@med.unc.edu or lkmakor@email.unc.edu
- National Center for School Mental Health
 - csmh@som.umaryland.edu; or
 - Sharon Hoover, PhD:
shoover@som.umaryland.edu

